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Electromagnetic Radiation – A Silent Killer

From the Editors Desk

Sharing my thoughts on something that I read on Choice

Choice

Is the most powerful tool we have. Everything boils down to choice. We exist in a field of infinite possibilities. Every choice we make shuts an infinite number of doors. At any point we can change the direction of our lives by a simple choice. It is all in our hands, our hearts and our minds ...

My musings

Is choice a precursor to Change, cause with every choice comes an inevitable change and we need to embrace this change for it to transpire or eventuate.

Self-reflect and think of any situation wherein your choices have not lead to a change – it could be a change in behavior, thoughts or even lifestyle.

At times we may be too scared to make a particular choice, fearing the consequences of the change that it could bring about.

It could be a tearful heartbreaking end to a relationship, or moving away from friends to secure a different job, changing a career goal, or taking a decision to move on ahead with your life after a terrible loss of your loved one, or even as simple as choosing to establish a fitness regime.

So what is of essence over here is to learn to adapt to the change in its entirety, embrace it in its wholeness, and then only will you witness the attainment of your choice.

After all, as said this choice will certainly open infinite doors and lead us in our journey called LIFE.....

Happy Reading , Stay Healthy



Vrushali Kute
Editor & CEO Vastuworld

The Hidden Danger

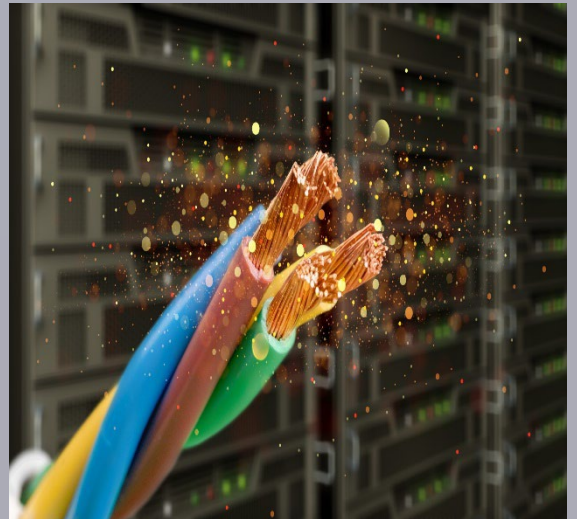


We know that since evolution and much before that, there exists an immense and unforeseen force, called electromagnetism, that has a profound effect on every living organism.

In fact it is this very magnetic field that shields the Earth from the hostile atmosphere of the universe.



With the advent of modernization and electrification of our homes and the spaces around us , we have created an electric power network around us – right from our house hold appliances to mobiles , laptops to wifi , to wifi controlled homes and to fitbits to monitor our sleep and health pattern , to even temperature controlled electric tiffin's to voice enabled devices .



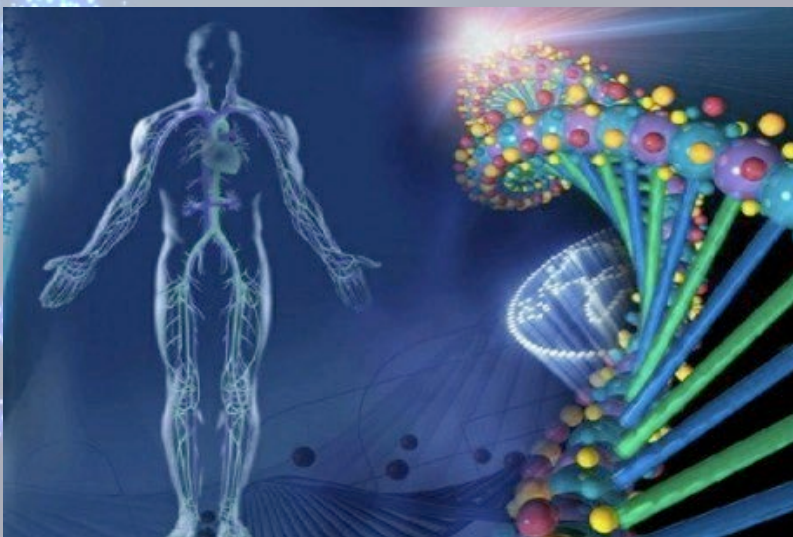
This being called as one of the greatest achievement for the betterment of the society. However is it a boon or bane, the extensive use of energy for power and communications has radically changed the total electromagnetic field of the Earth.

Since its not visible to us or can be felt, we are yet to realize it however the alarming rise in autoimmune diseases, birth abnormalities, cancer and psychological defects .

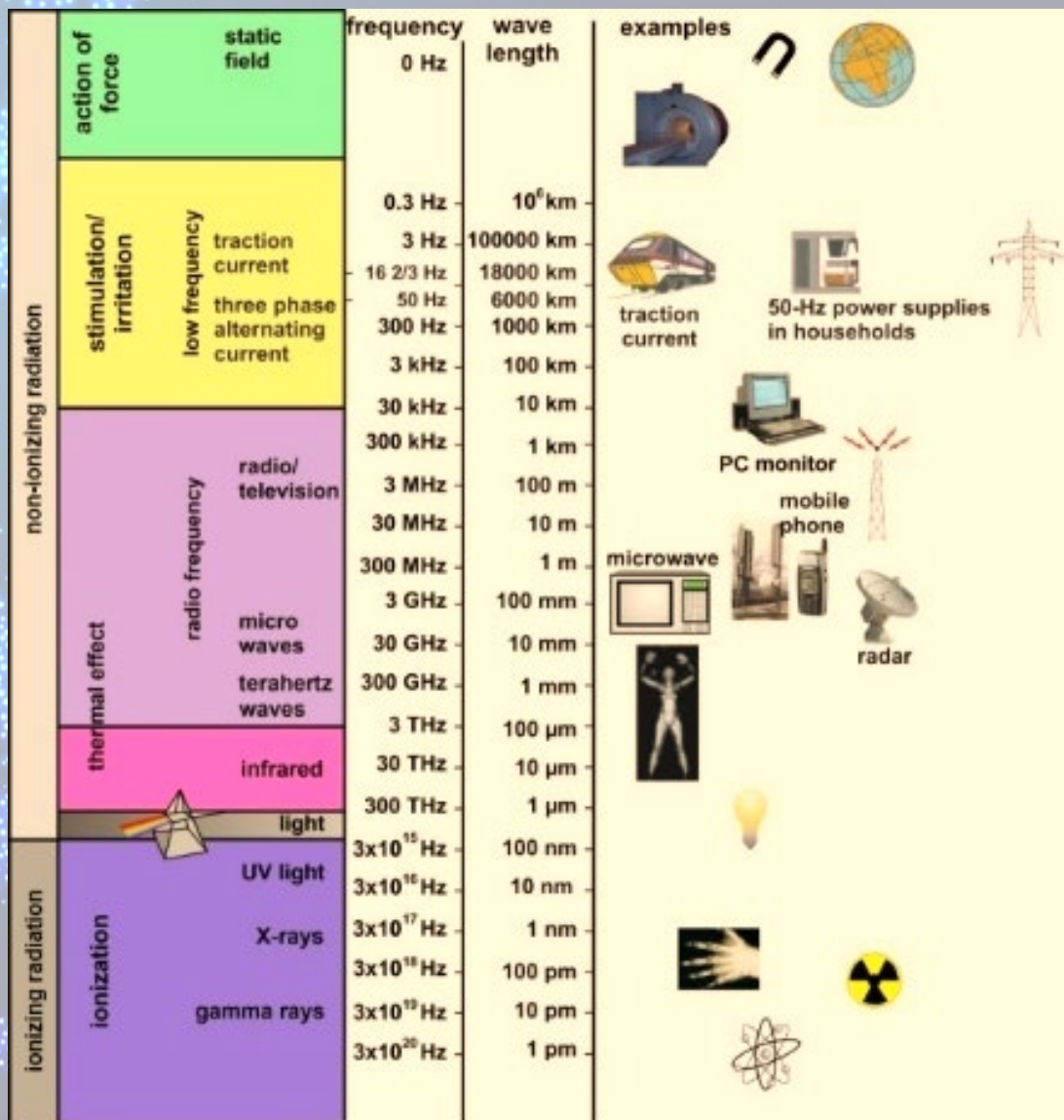


While there have been hundreds of papers published on this and numerous research carried out , however we are yet to wake up to this Peril at bay ,and we need to take corrective measures before it's too late.

As today we swim in a sea of energy that is almost totally manmade .



This electromagnetic jungle that now surrounds us has profound implications and somewhere if we stop to think and analyze that this unnatural field may be effecting us biologically and may be harmful .

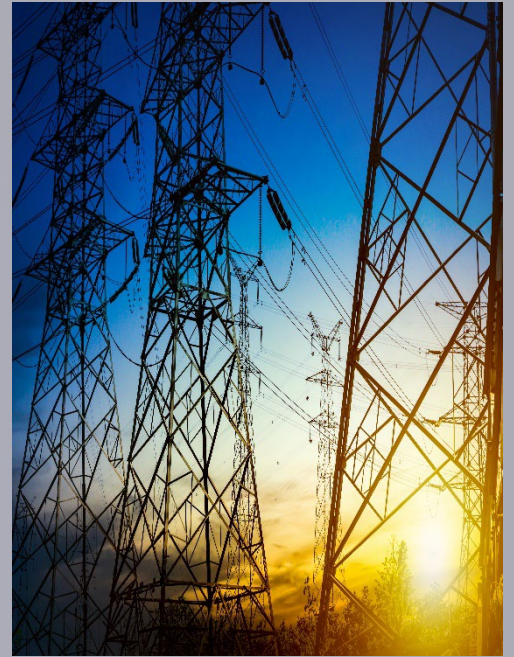


The Electromagnetic Spectrum

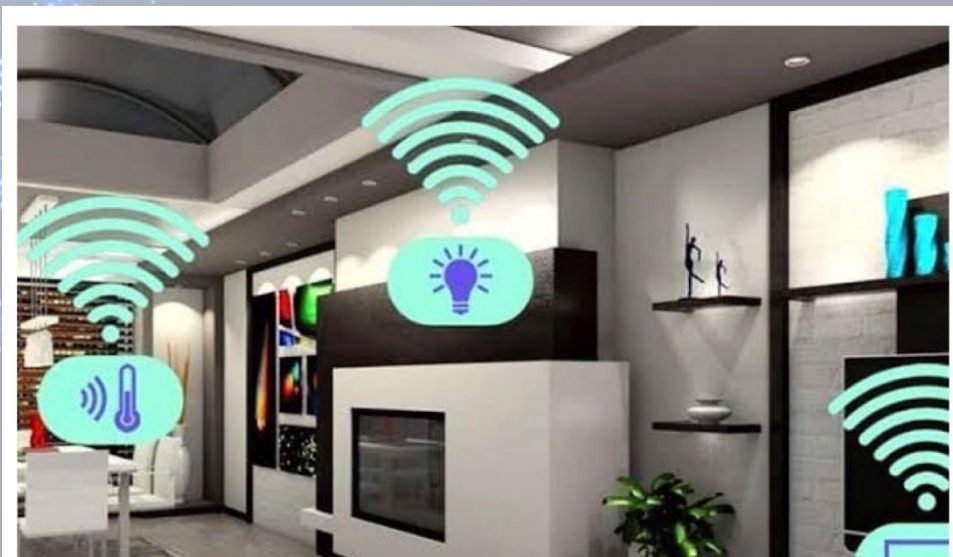
While all this while we have been lead to believe that extremely low frequencies do not cause any damage to the living things and it has been considered SAFE to use these devices.

There has been a frightening increase in homes full of electric gadgets – refrigerators, TV sets , home theatres , microwave ovens , mobiles , wifi routers, hair dryers , electric shavers , the list goes on and on .

On top it , mobile towers atop residential buildings , High tension electric poles near public places like schools , hospitals , residential complex .



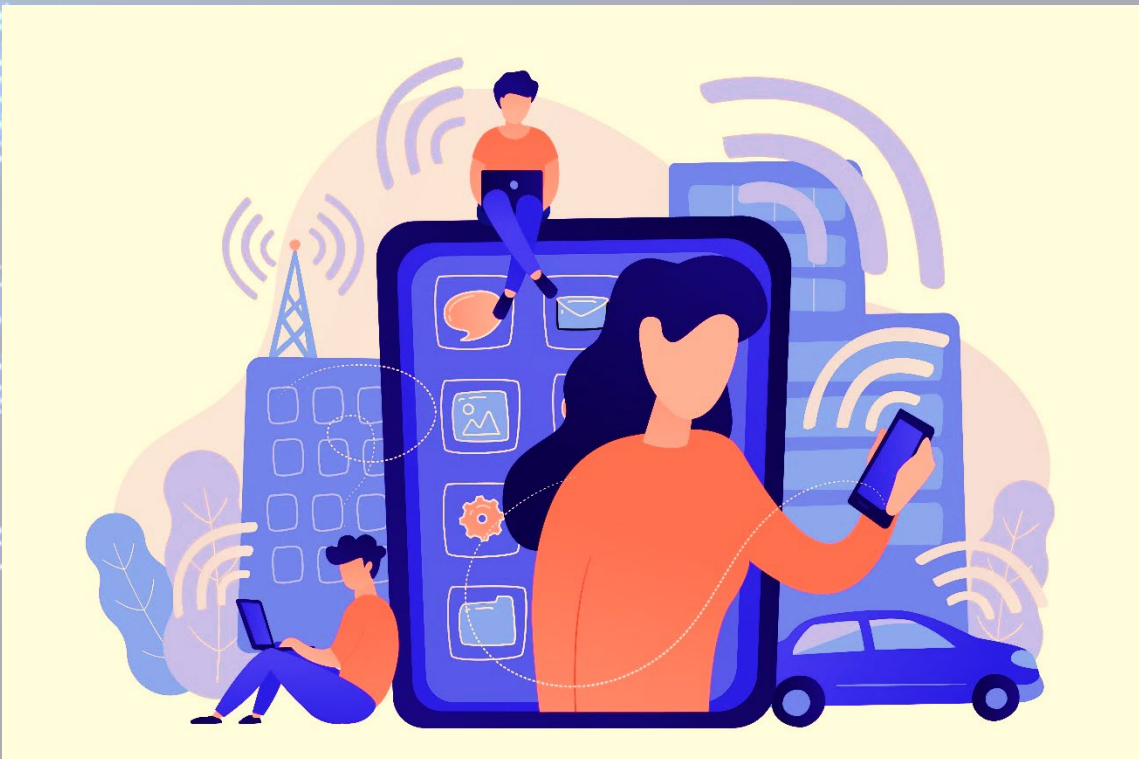
The question remains DO THESE EFFECT US ?



Effects of Electromagnetic Radiation

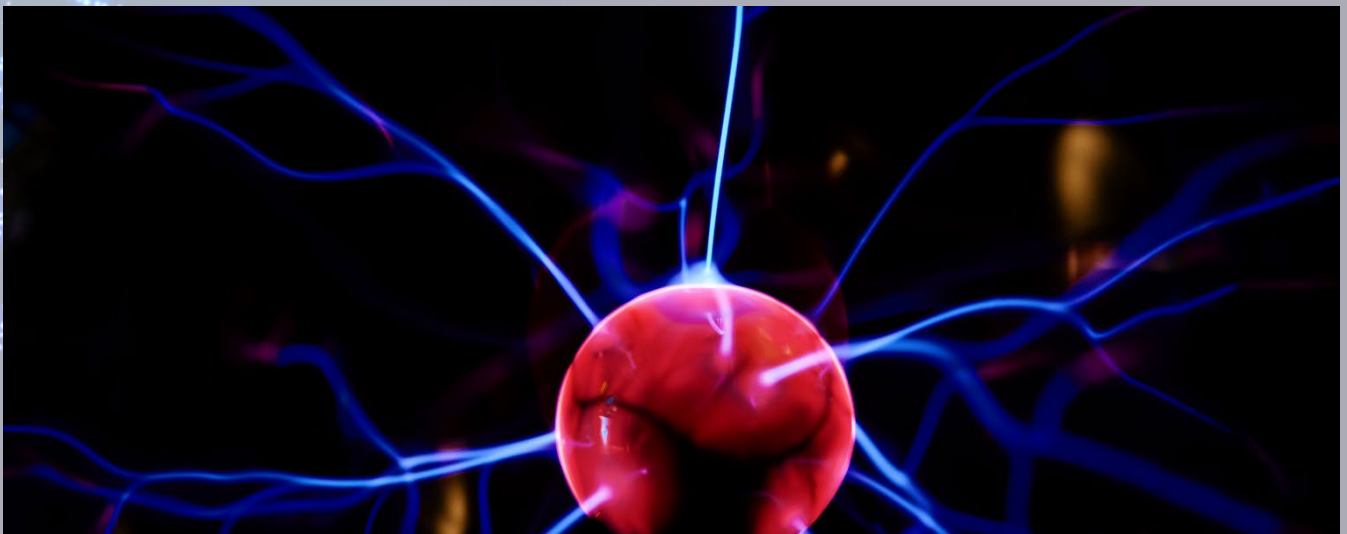
To put it in simple words, each electromagnetic field produced by our devices contains energy, for example the TV pictures on the receivers in our living rooms are produced by the conversion of the energy of the signal given off by the transmitter into electrical energy of the antennas.

As we sit watching TV , our bodies are receiving the same energy – as well as the energy from all other TV stations and from FM and AM radio stations , shortwave transmitters , radar devices , electric- power transmission lines and more . It would not be incorrect to say that there is no place on Earth that is free from this electromagnetic contamination.



So while as previously mentioned, there have been studies in the past and in present to elaborate that this extremely low frequency (ELF) Radiation from electrical power lines does not produce any biological effect, however as early as 1979 Dr. Nancy Wertheimer made a startling and alarming discovery and even such low frequencies were related to the incidence of childhood cancer.

It was concluded the exposure to power lines and to other 60 – cycle radiation from appliances at levels commonly found in the environment produces a series of harmful and non-altering changes in the body.



Few of the Biological non-altering changes are listed as below –

- **Increases the rate at which human cancer cells grow – act as cancer promoters**
- **Increases the incidence of childhood cancers**
- **Alterations in long lasting behavioral change – decreased levels of dopamine and serotonin – these are known to be associated with behavioral and psychological mechanisms.**
- **Changes in the production of certain vitally important brain chemicals called neuro hormones.**
- **May lead to increased incidence of birth defects and fetal malformations.**
- **Alterations in learning ability.**
- **Prolonged exposure also decreases the efficiency of the immune system.**



We could go on with the extremely detrimental effects of low frequency radiations, however let me sum it up by saying that all abnormal, man-made electromagnetic fields, regardless of their frequencies, produce some or the other biological, physiological or psychological effect on us and our children.



The Risk and the Benefit – What Can You do ?

We need to do a self-risk benefit analysis, for eg . an automobile may be termed as potentially dangerous, however in today's society this has become an essential commodity.

Most of us still live under the misconception that the health risk associated with electromagnetic radiation is primarily from external sources like high tension wires, mobile towers etc , however they are unaware of the substantial risks associated with the use of many devices in their own homes .

we can
homes .

Let us ha
daily live

Televisio

Comput

Tablets

Fluoresc

Electric

Digital b

Hair dry

shavers

Electric l

Microwa

Refriger

Mobile p

Transmit

phones

Air Conco

Air Conditioners



We will not discuss the effects of each of these, however please be AWARE that they are emitting electromagnetic radiation and are silently doing their job.

Simple lifestyle changes can make a big difference

A comparison of the electric razor and the microwave a good example where we can rationally apply the risk / benefit concept.

Cause for both devices there are obvious alternatives that satisfactorily serve the same function.

So if we were to weigh the harmful effects of heating the food in a microwave vis a vie to Gas stove, a small amount of time overcompensates the harm caused by the Microwave radiation.

Similarly, an electrical razor can easily be replaced by normal safety razor.

So with this I leave you to ponder over these harmful effects caused by the electromagnetic radiation and how by simply replacing or changing our life style choices can help to minimize or curtail a lot of these harmful rays.

In the forthcoming issue we will discuss the safety measures to mitigate the effects of radiation and also shielding solutions.

Vastuworld Updates

We proudly present to you our very own collaborative space at Prithwe Kurunji – The Jamun Forest.

In Mayank's words – I am a child of earththe earth is my child . The biggest happiness is to be free ,to roam into the mountains and to be around people who love you . If you wish to experience the almightiness of God ,you must wander into the mountains . Be at Prithwe to bring out the child on you as Mother always cares .

This is a Beautiful collaborative space and open to everyone ,who want to use it for below mentioned enrichment activities .





PrithWe Earthing Centre

About Us

Prithwe is an Earthing Centre and a collaborative space situated on a scenic riverfront property. It has been envisioned as a multi-functional and flexible design solution, one that pushes the boundaries of conventional studios – where collaborative sessions, workshops and exhibitions can be held.

The entire site consists of a main central villa, cottages and tents for volunteers, and bamboo pavilion which acts as a shaded hands-on workshop area.



*Come create,
Connect &
Collaborate!*





Earthing Centre



What is Earthing?

Earthing is the process of staying grounded by reconnecting with your electrical roots through the earth.

It stems from the idea that in modern city life, we no longer have direct physical contact with the Earth, and therefore are losing out on purported health benefits of exchanging electrons with the surface of our planet.

Studies have found that grounding appears to provide some general health benefits, such as better sleep, less pain, reduced stress and tension, and better immune function.

*Reconnect with the Earth with
out specially curated Grounding
Techniques and Earth Walks!*

Our workstations



Atrium

Gallery &
Multi-functional
space with a capacity
to hold 50 people.

Kundali

Intimate skylit classroom
with a capacity to
hold 30 people



Maluka

Bamboo & Rammed
Earth Arena with a
capacity to hold
100 people

Activities to cherish



**Bonfire &
Barbeque**



**Forest
Walk**



**Rajgad Hiking /
trekking**



**Earthing /
Mud Bath**



Waterplay



**Boating/
Kayaking**



Meditation



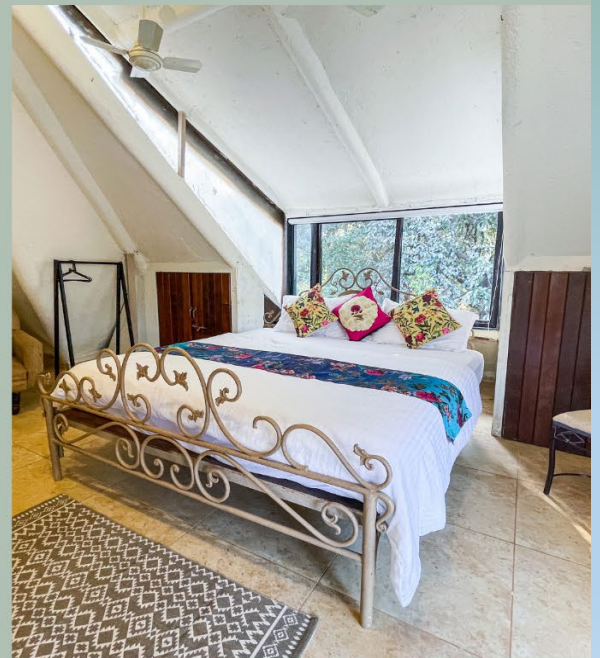


Accommodation

PrithWe Earthing Centre has the housing capacity of 25 people. You are welcome to bring along your tents and sleeping bags to sleep under the stars.



Accomodation



Calling all Creators



This is our invitation to all the Artists, Collaborators, Yoga and meditation practitioners and facilitators, Wildlife and Birdwatching enthusiasts, Corporate off sites, Outward bound and experiential Trainers, Facilitators and more to come and experience the life in nature and connect with your inner self physically, mentally and spiritually.



**Art and Craft
Workshops**



**Performative
Events**



Yoga Retreat



**Educational
Seminars**



**Corporate
Events**



**Birdwatching /
Nature Workshops**



**Photography /
Shoot space**



Contact Us



9822573102



www.prithwe.com



@prithweearththingcentre

Glimpses of Events @ Prithwe

Advanced Course in Vastu & Resonance By – Ar. Mayank Barjatya - 17th – 19th. Dec 2021

Key Learnings –

- **Introduction of energy boundaries**
- **Energy Field Measurements & Installation Techniques & Process.**
- **Calculation of Influencing resonance of all Vastuworld Remedies.**
- **Basic introduction of Geopathic stress**
- **Entity, Paranormal ,curse vibration detection & remedial process.**



Glimpses of Events @ Prithwe

Advanced Course in Vastu & Resonance By – Ar. Mayank Barjatya - 17th – 19th. Dec 2021



Glimpses of Events @ Prithwe

Workshop on Exploring Bamboo as Architectural building material and home improvement .

TO USE BAMBOO AS INTUITIVE NATURAL BUILDING MATERIAL

- **creating precast bamboo columns, beams and trusses for buildings & homes**
- **farming, harvesting and treatment of local maize bamboo for specific purpose**
- **builders, contractors, designers, architects to use bamboo as natural resource.**



Glimpses of Events @ Prithwe

**Psychodynamic Dowsing - Workshop -
11th.- 13th. Feb.**

GLIMPSES



*Day 1 - Introduction of H3 Gold Lecher
Antenna*



Glimpses - Day 1
Handling H3
Practical
Demonstration
Self - Practice



Glimpses of Events @ Prithwe

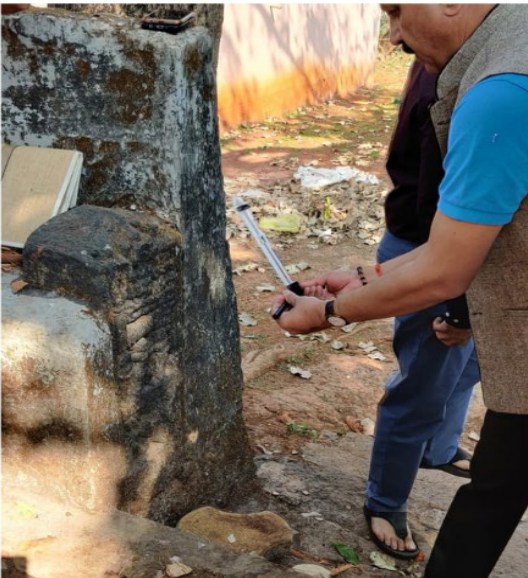
Day 2 - Glimpses

- Intangible & Hidden vibrations
- Identification of different geo vibration
- Processes to measure indoor and outdoor interferences

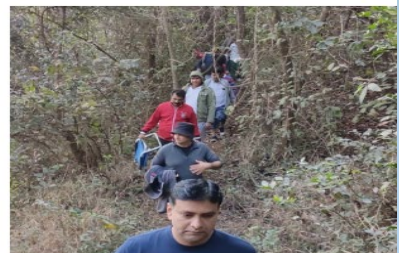
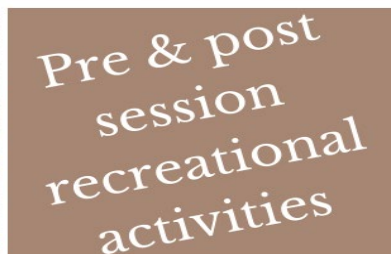


Day 2 - Glimpses

- Village temple visit - to measure historical , entity & spiritual frequency.
- Bio -energy frequencies .
- Modula oblongata method



Glimpses of Events @ Prithwe



Glimpses of Events @ Prithwe

Corporate Rewards and Recognition function / School Teachers Get-together



Glimpses of Events @ Prithwe

Other workshops –

1- day Orientation to Intuitive Natural Building Material – By Ar. Mayank Barjatya

Attendees – M.Arch students of Bharati Vidya Peeth – College of Architecture – Pune



Practical Demonstration of shaping bamboo



Developing Intuitiveness and feeling spaces

"What we learn with pleasure we never forget "
indeed this holds true for the
M.Arch. students of Bhartiya Vidya Peeth School of Architecture ,Pune.

Pics -One day Orientation to Intuitive Natural Building Material – By Ar. Mayank Barjatya @ Prithwe Earthing Centre - Kurunji , Pune



Glimpses of Events @ Prithwe

Other workshops –

1- day Orientation to Intuitive Natural Building Material – By
Ar. Mayank Barjatya

Attendees – M.Arch students of Bharati Vidya Peeth – College
of Architecture – Pune



Talk on Intuitive Natural Building Material



Glimpses of Events @ Prithwe

1975 batch JJ School of Architecture
Alumini members visit @ Prithwe
Earthing Center



Good Architecture lets Nature InWhat better way to learn and connect - Ar. Mayank Barjatya giving a talk on Building Biology , Intuitive building material and EMF radiation to these veterans

Glimpses of Events @ Prithwe

**Providing insight into Energy fields
effecting us , and Bio
resonance**



**H3 Gold Lecher Antenna and
analysis of Human Energies
and various interferences .
EMF Radiation ,
Rectification**



Latest Event @ Prithwe



Glimpses of 3Day Workshop
on Earth Communication –
15th. to 17th. April

By Ar. Mayank Barjatya



Earth Communications Workshop @ Prithwe

What did the students learn



Science of Sacred Spaces & Geo Biology.



Earth Communication



Identification of power spots & Stone circles.



Earth Communications Workshop @ Prithwe

What did the students learn



Decoding of Cosmic Capacitors as Earth Energies using H3 Gold Lecher Antenna .



BIOS Concept & Impact of Geo-Biological Agression on Brain t



Virtual Geopathic Agression of place



Earth Communications Workshop @ Prithwe

**Mixed bag of fun and mindfull activities for the
body & mind**



**Labyrinth Walk , Six Senses
walk , Yoga**



**Music & Dance around the
Bonfire**



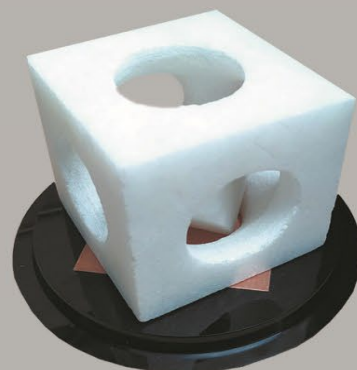
Square in Square - SiS

Stability/Relationship Harmonizer



- Generates emotional, mental and physical stability.
- Improves the bonds in a relationship.
- Creates bondage and helps to build strong connections between the parties involved.

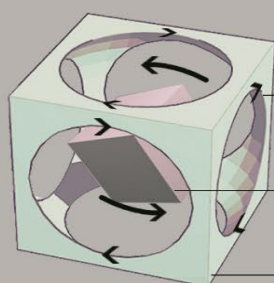
Stabilize yourself with movement!



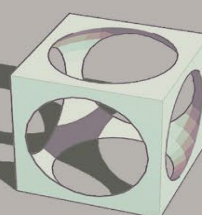
Stability

Growth

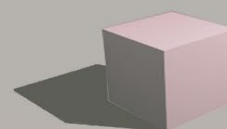
Movement



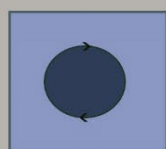
The circle denotes movement i.e. growth and development
The solid cube denotes stability held inside movement
The hollow cube denotes Stability along with movement



Movement



Stability

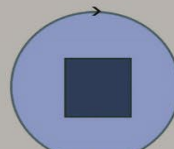


Squaring the circle
Stabilizing the growth and development

①



Movement
+
Stability
+
Growth



Circling the square
Growth and development leading to stability

②



①

②

- Offices where staff attrition is very high i.e. staff does not stay for long duration.
- Houses where there are too many differences.
- New ventures and new partnership firms where-in partners are trying to understand and work together.

For further details contact: +91 9822573102, www.vastuworld.com

COSMIC LOOP

HEALTH VITALIZER

The Bio Resonance Vitalizer works on the science of Bio Resonance –

- These help to improve and boost your internal energies, give strength – to boost your immunity, improve concentration, helps to maintain mental equilibrium.

- Improves the Good vibrations of your homes/ offices, by activating the energy flow and creates a mini – “Earth Sky Chimney”

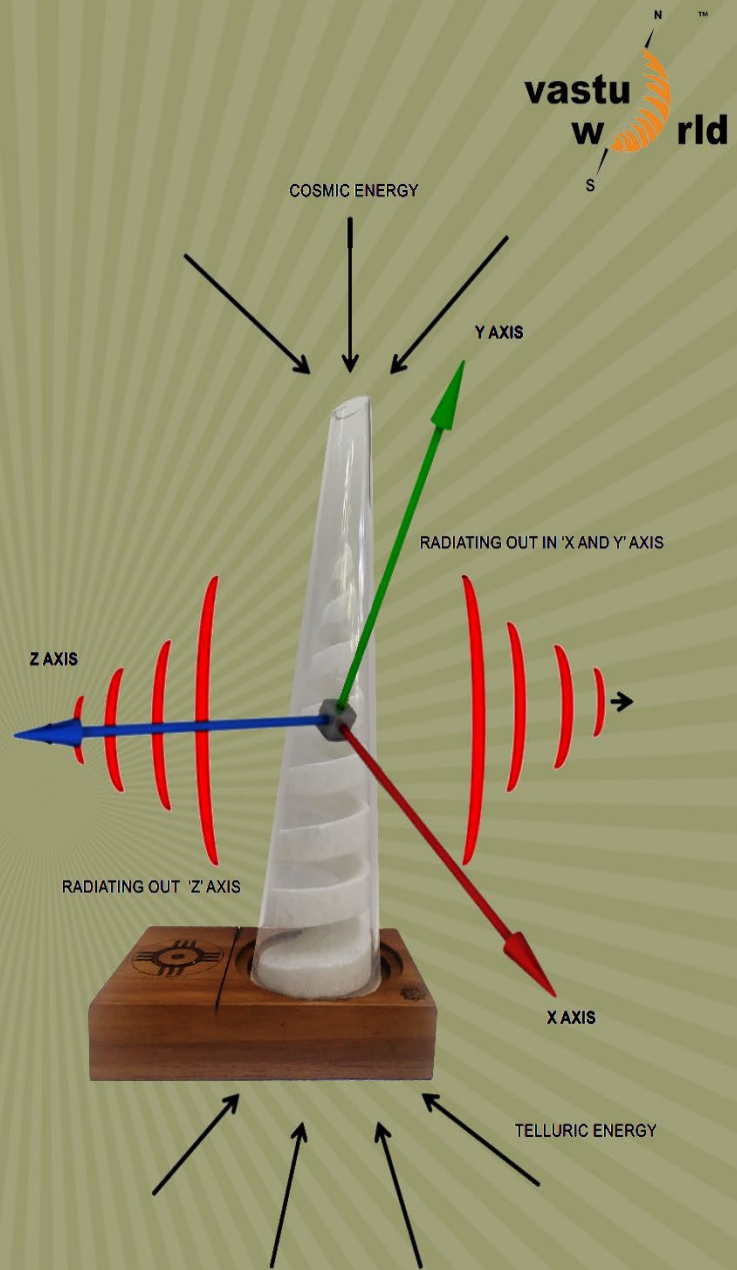
Best Part –

No Vastu Consultation Required

Just follow the basic guidelines specified and be ready to feel the benefits of these wonderful Remedies.

It comes in 3 Types – each with a different purpose –

6 Spiral / 8 Spiral/ 9 Spiral Cosmic Loop



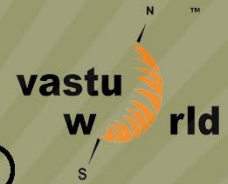
Cosmic Loop
‘The Earth Sky Chimney’

For further details contact: +91 9822573102, www.vastuworld.com

6 Spiral Cosmic Loop

This is good for strengthening personal connections - which leads to improved concentration and focus in business or work.

Very Useful for –



Students – facing difficulty in sitting for long hours, lack of concentration.

Placement of loop in a study area should be on the study table in the domain of 1 to 2 meters of the the person studying.



Business / Working – Increases focus, improves concentration.

Placement of loop in an office should be on the work desk in the domain of 1 to 2 meters of the the person working.

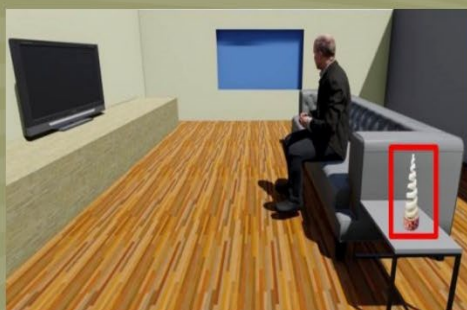
For further details contact: +91 9822573102, www.vastuworld.com

Vastuworld Bio Resonance Remedies

8 Spiral Cosmic Loop

This is beneficial to increase the Mental capabilities, removes the feelings of uncertainty, hesitation and increases overall confidence.

Very Useful for –



People – who have low confidence / low self-esteem – will help to boost their moral.

Placement of loop in a living should be on the side table in the domain of 1 to 2 meters of the the person sitting.



Business / Job seekers – Helps to boost confidence to make decisions and gives them self-assurance.

Placement of loop in an office should be on the work desk in the domain of 1 to 2 meters of the the person working.



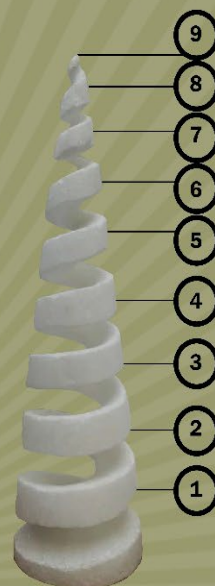
For further details contact: +91 9822573102, www.vastuworld.com

9 Spiral Cosmic Loop

This is beneficial for people who are sensitive towards curse, negative energies.

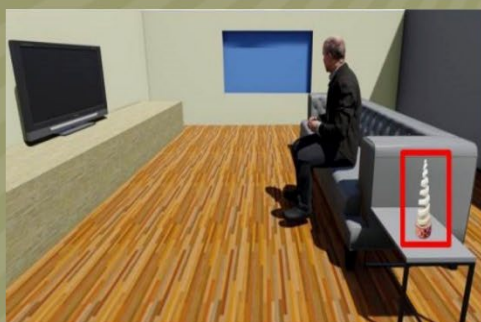
Increases the mental power to combat situations wherein someone is trying to overpower them.

Very Useful for –



People being subjugated / overpowered in business / job.

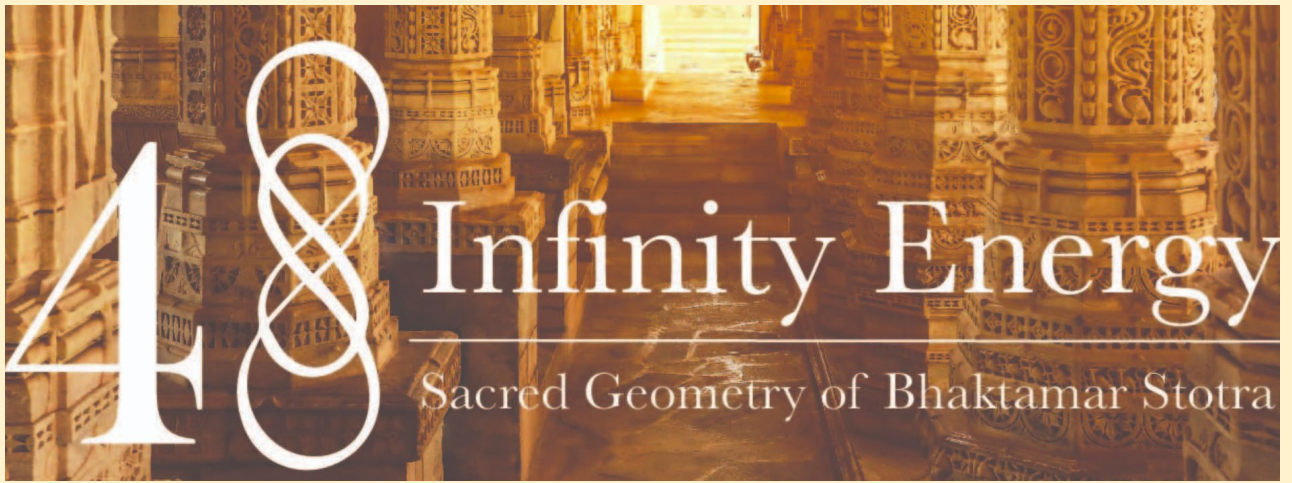
Placement of loop in an office should be on the work desk in the domain of 1 to 2 meters of the the person working.



In houses where there could be negative energy influences.

Placement of loop in a living should be on the side table in the domain of 1 to 2 meters of the the person sitting.

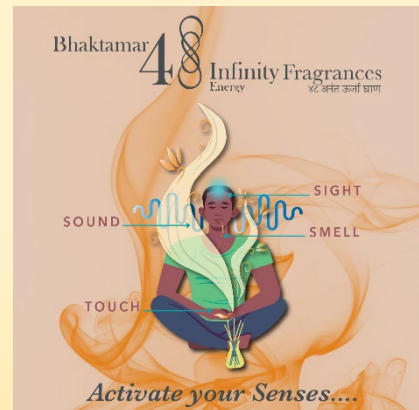
For further details contact: +91 9822573102, www.vastuworld.com



Mayank has been equally active on research on Bhaktamar , because it is his has been his vision to make this stotra and its magical properties accessible to all and not be confined to only Jainism .

It has been the aim of Mayank Barjatya under his flagship company 48 Infinity to establish systems and educational channels to propagate Jainism with the science behind it ,so as to reach today's young minds ,who can easily connect to the scientific rationale of this and thus learn and practice it in their daily lives to bring an overall improvement in themselves .

An amalgamation of unique technique of Yantra Mantra , Tantra and Ghraan



It reintroduces the effects of energy healing through a Jain panegyric, the Bhaktamar Stotra combined with Sacred Geometry, Cymatics and Kabbalah Sciences as one synergized system. - Extensively Researched by Ar. Mayank Barjatya .

Updates on Jain Sciences and other Events

On 21st. November 2021 – Mayank Barjatya gave a presentation on the research done by him on 48 Infinity Energy and was felicitated for his extensive work in this field.

It is with extreme pride we wish to inform you that he has the privilege to become a part of their eminent team and has joined hands with Kund Kund Gyanpeeth Indore which is a research center in Jainsim, under the association of Shri Digambar Jain Udasin Ashram Trust .

This is an important step and association towards the propagation of 48 Infinity and Sacred Geometry of 48 Stotra .

Bhaktamar 48 Infinity Energy



कुंदकुंद ज्ञानपीठ, इन्दौर

श्री दिगंबर जैन उदासीन आश्रम ट्रस्ट के अंतर्गत

We invite You for the
Launch of 5 Courses by 48 Infinity Energy
in Kundkund Gyanpeeth, Indore

Lecture by - Ar. Mayank Barjatya

Energy Architect | Building Biologist | Founder-Director Vastuworld

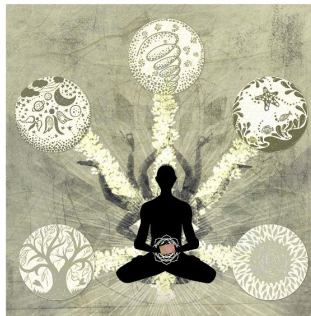
Research Associate Shrut Deep Foundation Pune

With the aim to take this further and ensure this knowledge reaches more and more people –

Certification courses have been introduced in Kund Kund Gyanpeeth, wherein scientific based knowledge would be imparted to people from all walks of life .

Courses offered:

- Jain Vastu Science
- 30 days Bhaktamar Sadhana
- 48 Anant Urja (Hindi)
- 48 Infinity Energy - Yantra & Jain Sacred Geometry
- Bhaktamar Advance Research Programme



Sunday, 21 November 2021 • Time: 9:30 AM onwards

Shri Digambar Jain Udasin Ashram Trust Complex, 584, M.G. Road, Tukoganj, Indore

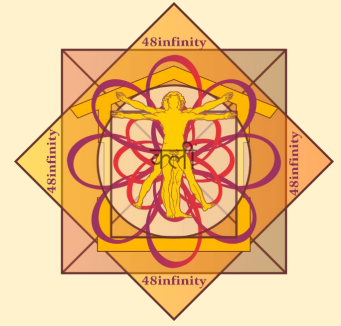
For More Details Contact: 9822573102, www.48infinity.com

Updates on Jain Sciences and other Events

A Few glimpses of the Event held at Kund Kund Gyanpeeth Indore on 21st.Nov 2022....



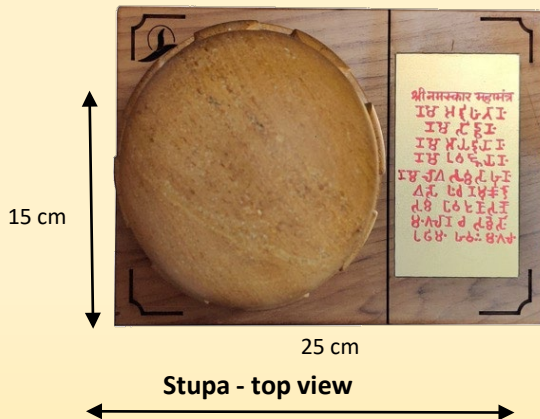
A brief on two wonderful Remedies based on the Jain Science



Stupa

Health Vitalizers for the Mind & Body

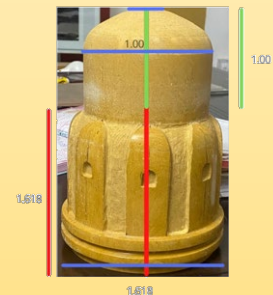
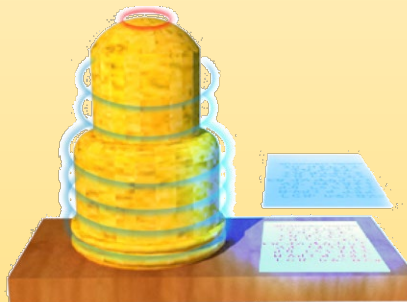
Stupa is a place built in the memory of great persons, sages and Tirthankaras. The Stupa was a place for distinguished masters to do deep meditation (sadhana) following the methods of Jain science of introspection and right philosophy. The stupa model is for personal telluric connection for each individual, where the Namokar Mantra act as a divine Jain scripture, energized by the vacuum of hollow space & special stone as a earth medium.



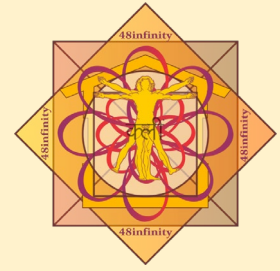
Stupa – front view

The shape and overall shape of the entire stupa model is made according to the golden section and specific mathematics.

The red colored Namokar mantra based on the floor defines a specific vibration in Prakrit language which is responsible for spiritual upliftment is beneficial.



A brief on two wonderful Remedies based on the Jain Science



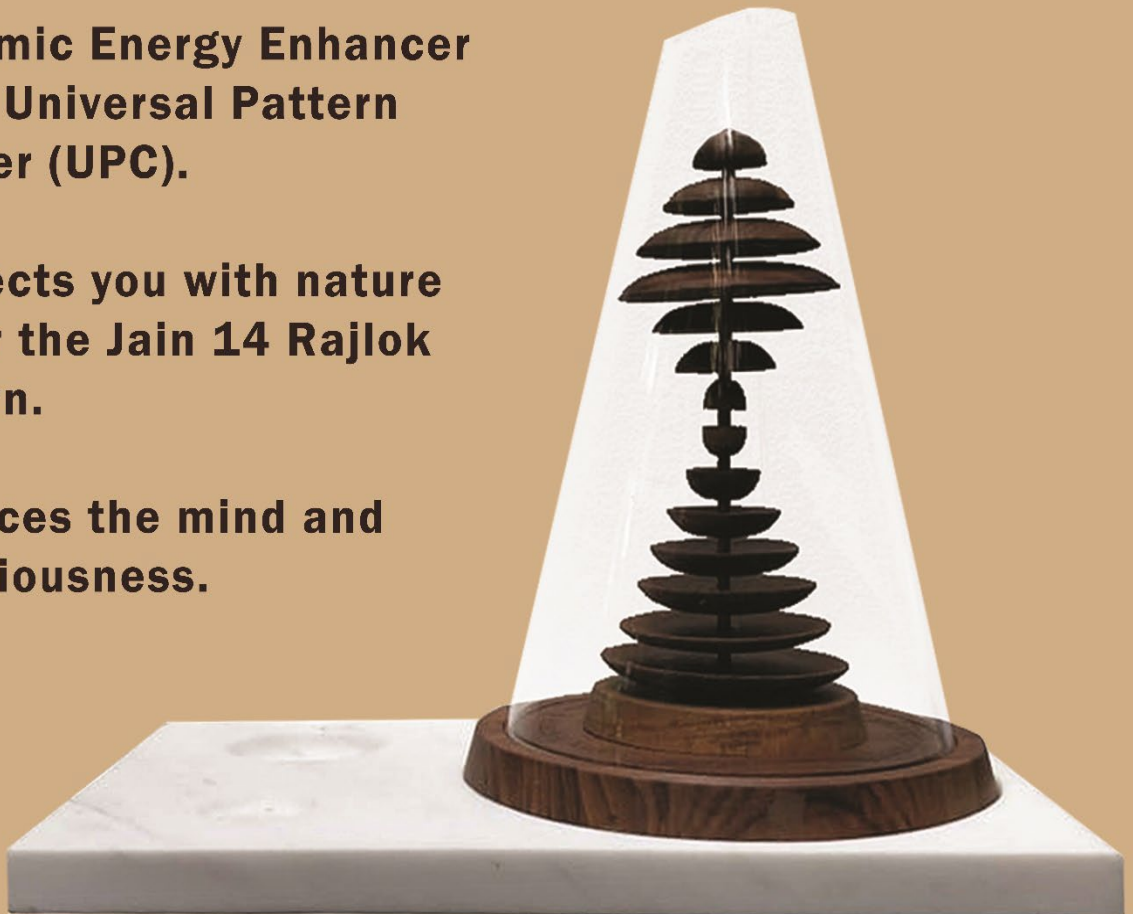
Bhaktamar
48 Infinity
Energy

vastu
w rld

LOKPRAKASH / TRILOKA

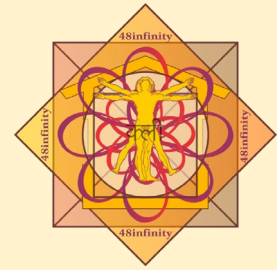
Bring Lokprakash to your home to boost your Spiritual Energy!

- **A Cosmic Energy Enhancer and a Universal Pattern Creater (UPC).**
- **Connects you with nature as per the Jain 14 Rajlok pattern.**
- **Balances the mind and consciousness.**



For more details contact: +919822573102, www.48infinity.com

A brief on two wonderful Remedies based on the Jain Science

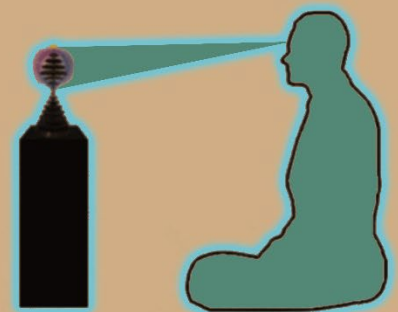
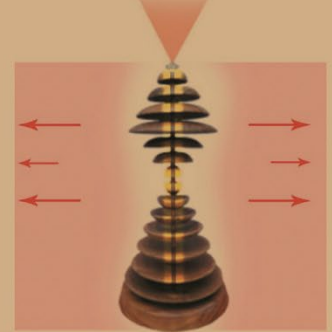
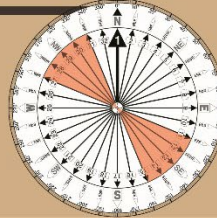
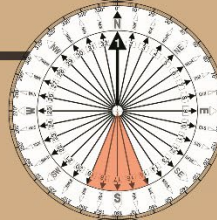
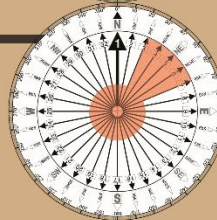
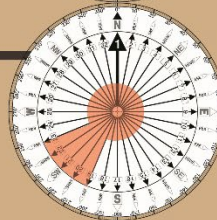
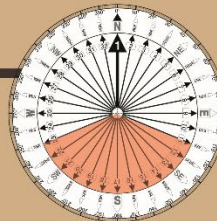


Bhaktamar **48** Infinity
Energy

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LOKPRAKASH: UNIVERSAL PATTERN CREATOR (UPC)

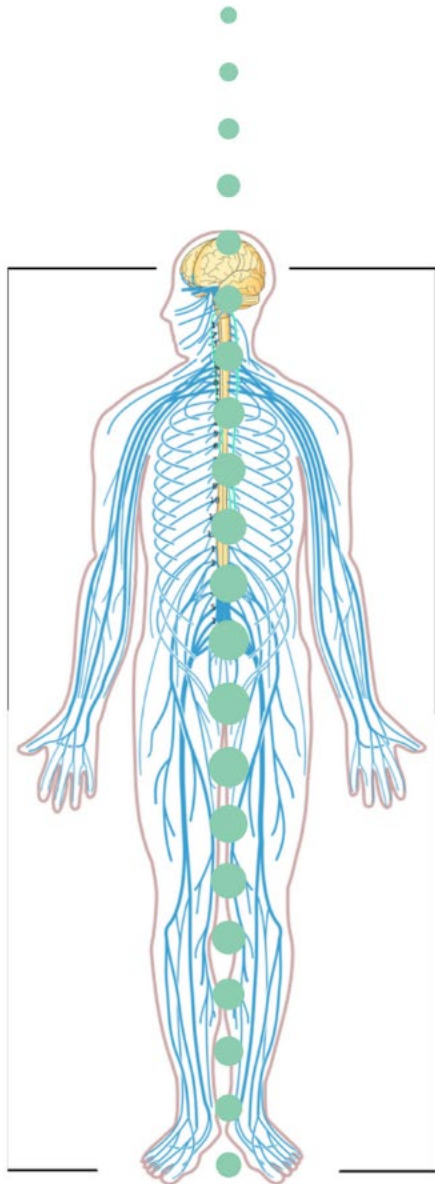
- **To increase the materialist powers and Pudgal tatva**
Pudgal - Matter
Energies of material helps in creating universal pattern.
Placement: South, SouthEast and SouthWest
- **To increase the spiritual vibrations**
Akasha - Space (Lok)
Holds energy to control the vaccum of space.
Placement: Brahmasthan or SouthWest of your home
- **To improve your present and furture**
Kala - Time
Lokprakash denotes, Future, Present and Past ; Cosmic, Global & Earth.
Placement: NorthEast or Brahmasthan
- **To bring stability and reduce anxiety and impatience**
Adharmastikye - Gravity
Placement: South of your home or workplace.
- **Growth, development, Travel and Movement**
Dharmastikye - Medium for Matter to move around in the Universe
Placement: NorthWest or SouthEast of your bedroom or office cabin.



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Upcoming Workshop @ Prithwe Earthing Center – Kurunji , Pune

Bio-Energetics



Building Biology



5 DAYS

**BIO-ENERGETICS
& INNER BALANCE
WORKSHOP WITH
QUANTUM
RESONANCE**

SAVE THE DATE

**17th. to 21st.
June**

PREVENTING PERSONALISING

POTENTIALISING

Upcoming Workshop @ Prithwe Earthing Center – Kurunji , Pune

5 days, 40 hours of Self Awareness

physical session 7-8am

morning session 9-1pm

evening session 4-8pm

night meditation 9-10pm

learning

HUMAN ENERGETIC SCANNING USING H3 GOLD ANTENNA
ORGAN, HEALTH, ESOTERIC, ASTRO & CHAKRAS PROTOCOL
BRAIN STATE, DNA & LIGHT PSYCHE PROCESS FOR HEALING
HEALING NUMBERS, FREQUENCIES & CYMATICS AS SOLUTIONS
48 INFINITY ENERGY SCAN USING TREE OF LIFE & SOLFEGGIO SOUND

additional

Catalyse the human brain to positive thinking
Unlock the power of subconscious mind
Manifest remedies to act on the mind & body
Decode influence of Vastu/Space on Genetics & DNA



5 days include

YOGA SUTRA SESSION | TAI CHI SESSION | MEDULLA OBLONGATA SCANNING.

PREVENTING PERSONALISING POTENTIALISING



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Mayank Barjatya